

for Aurora Chorus

# I Lift My Eyes

Psalm 121  
Thich Nhat Hanh

Joan Szymko

*mp*  $\text{♩} = 74$

Solo

I lift my eyes \_\_\_\_\_ to the moun - tains \_\_\_\_\_

Piano

*mp*

5

from whence \_\_\_\_\_ I get my help; \_\_\_\_\_

9

from whence \_\_\_\_\_ I get my strength; \_\_\_\_\_ *mf*

*mf*

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12

from whence I get my help. I lift my

15

eyes, I lift my eyes, I lift my

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eyes, I lift my eyes.

I am sol-id as a moun-tain,

S  
S  
A  
A

I am firm as the earth.

*mp*  
I am

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29 **Tempo Primo** *steadily* **Tutti** *mp*

I am

*mp*  
I am firm as the earth, I am

*mp*  
I am sol-id as a moun-tain,

sol-id as a moun-tain, I am sol-id as a

**Tempo Primo** *steadily*

*mp*



38

Musical score for measures 38-41. The score includes vocal staves and piano accompaniment. The vocal parts have lyrics "I am" and a dynamic marking *f*. The piano accompaniment features a dynamic marking *f* and a fermata over the first measure.

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Musical score for measures 42-45. The score includes vocal staves and piano accompaniment. The vocal parts have lyrics "I am free, I am" and a dynamic marking *f*. The piano accompaniment features dynamic markings *f* and *8va*.

42 **Più mosso** ♩ = 80 *mf*

free. I lift my eyes

free. I lift my eyes

free. I lift my eyes

free. I lift my eyes

**Più mosso** ♩ = 80 *mf*

*sost.*

*mf*

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to the moun - tains from

to the moun - tains from

to the moun - tains from

to the moun - tains from

*sim.*

48

whence I get my strength,

whence I get my strength,

whence I get my strength,

whence I get my strength,

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51

from whence I get my help.

from whence I get my help.

from whence I get my help.

from whence I get my help.

I lift my eyes, \_\_\_\_\_  
 I lift my eyes, \_\_\_\_\_

*mf*

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I lift my eyes, \_\_\_\_\_ I lift my  
 I lift my eyes, \_\_\_\_\_ I lift my  
 I lift my eyes, \_\_\_\_\_  
 I lift my eyes, \_\_\_\_\_

*f* *mf*

*mp* 60

eyes, \_\_\_\_\_ I lift my eyes, \_\_\_\_\_

*mp*

eyes, \_\_\_\_\_ I lift my eyes, \_\_\_\_\_

*mf*

I lift my eyes to the

*mf*

I lift my eyes to the

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I lift my eyes, \_\_\_\_\_

*mf*

I am sol - id as a moun-tain, \_\_\_\_\_

moun - tains, \_\_\_\_\_ I am

moun - tains, \_\_\_\_\_ I am

63

firm as the earth. *f* I am  
 firm as the earth. *f* I am  
 firm as the earth. *f* I am  
 firm as the earth. *f* I am

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67

free. *p* I lift my  
 free. *p* I lift my eyes, *cresc.*  
 free. *p* I lift my eyes, *cresc.*  
 free. *p* I lift my eyes, *cresc.*

*p* *cresc.* 70 *mp*

I lift my eyes, — I lift my eyes, —

*cresc.* *mp*

eyes, — I lift my eyes, —

*mp*

I lift my eyes, —

*mp*

I lift my eyes, —

*mp* *cresc.*

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73 *mf*

I lift my eyes, —

*mf*

I lift my eyes, —

*mf*

I lift my eyes, —

*mf*

I lift my eyes, —

*mf*

I lift my eyes, —

*mf*

## © protection

lift my eyes, *f rit.* I am free. *mf molto rit. ff*

lift my eyes, *f rit.* I am free. *mf molto rit. ff*

*rit.* I am free. *mf molto rit. ff*

*rit.* I am free. *mf molto rit. ff*

*rit.* *molto rit.*