# A Prayer Before Sleep

Alexander Carmichael, adp. from Carmina Gadelica, Vol. I (1900) Carson Cooman Opus 816

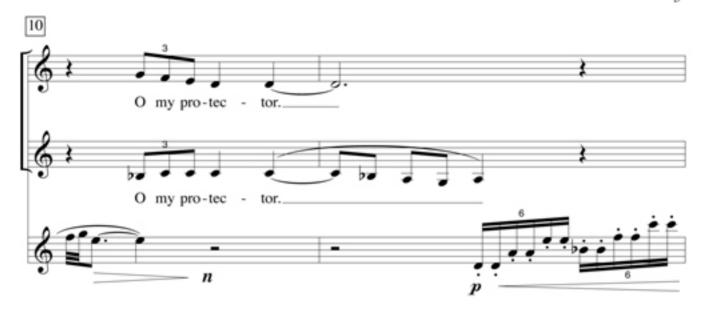


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#### About the text

The text is a Gaelic prayer translated by the great Scottish folklorist Alexander Carmichael in his landmark collection Carmina Gadelica (1900).

#### About the composer

Carson Cooman (b. 1982) is an American composer with a catalog of hundreds of works in many forms—from solo instrumental pieces to operas, and from orchestral works to hymn tunes. His music has been performed on all six inhabited continents in venues that range from the stage of Carnegie Hall to the basket of a hot air balloon. Cooman's work appears on over forty recordings, including eighteen complete CDs on the Naxos, Albany, Artek, Gothic, Altarus, MSR Classics, Raven, and Zimbel labels. Cooman's primary composition studies were with Bernard Rands, Judith Weir, Alan Fletcher, and James Willey. As an active concert organist, Cooman specializes in the performance of contemporary music. Over 130 new works have been composed for him by composers from around the world, and his organ performances can be heard on a number of CD recordings. Cooman is also a writer on musical subjects, producing articles and reviews frequently for a number of international publications. He serves as an active consultant on music business matters to composers and performing organizations, specializing particularly in the area of composer estates and archives. For more information, visit www.carsoncooman.com.

## A Prayer Before Sleep

I am placing my soul and my body On thy sanctuary this night, O my protector. Turn not thy back upon me.

For Thou, who art both kind and just, Be keeping me from harm this night and always.

## Listen to a recording at www.sbmp.com

Performed by Bella Voce Women's Chorus of Vermont, Dawn O. Willis, director, with flutist Laurel Ann Maurer.

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